

as it feeds the watersheds through 12 flushing canals. Hundreds of islands, wooded areas, inland lakes and canals have been created within the basins.

Each basin offers a different experience and opportunity. The Tiszavalki Basin is the shallowest (0.7 m on average) and the most protected, mainly visited by birdwatchers and canoeists. The Poroszló Basin (1.3m) is a popular hiking and fishing destination with educational nature trails and backwaters. The wide water surface of the Sarudi Basin (1.5m) is ideal for water sports enthusiasts and beachgoers. The Abádszalók Basin (2.5m) is a water sports paradise, and in the northern part on the romantic islands even an inner lake can be found. Another special area is the mortlake in Tiszafüred and Tiszaörvény, which is ideal for canoeing and SUP tours or waterfront relaxation.

ADVICE

The thousands of reed islands and floodplain swamps of the wildly romantic Lake Tisza are an ideal habitat for mosquitoes. Frogs 'favorite food' can be very uncomfortable for humans. In the morning and from the early evening until 10pm be prepared for the mosquito invasion. Protect yourself with a suitable mosquito repellent spray and wear long sleeves and trousers. Mosquito exterminaton does not only decimates mosquitoes, but also other useful insects, so the lake cannot be completely mosquito-free, as it would drastically interfere with natural cycles. When bathing, it is recommended to use swimming shoes due to a tiny prickly aquatic plant called water caltrop. The fruit of the protected plant is an anchor-shaped, chestnut-like formation with four needlelike tips. It will hurt if you step on it.

On the Kál-Kápolna - Kisújszállás line Abádszalók and Kisköre stations

GREAT CIRCLE LENGTH 90 KM **KISKÖRE BYPASS** 4.5 KM

Uninterrupted bike path along the waterfront, full of exciting sights and activities! Lake Tisza can be divided into two cycling circles. The smaller one runs along the paved embankment around the lake. Between Tiszafüred and Poroszló there is a two-lane bicycle path with four bicycle bridges. The big circle is actually an extended version of the small circle, which also bypasses the Tiszavalki basin-with a ferry crossing at Tiszadorogma. Between Poroszló and Tiszavalk, the bicycle route was not paved. The Kisköre bypass (4,5 km) gives a glimpse into the downstream section of the watercourse and the ancient Tisza riverbed, where you can cross the blonde river on the Fairytale Bridge. Expect easy offroad trails, strong sunshine, and mosquitoes at sunset.

TIP: Shorten the small circle with the new bike ferry between Tiszaderzs and Dinnyéshát

*The section between Tiszafüred and Poroszló of the Lake Tisza bicycle path won the title "Bicycle path of the year" in 2021.

available in all 18 ports. The 7 open-water beaches of Lake Tisza provide safe, comfortable bathing, as the water gradually deepens and lifeguards take care of you everywhere.

List of Lake Tisza hiking suggestions and bicycle and canoe rentals: www.aktivmagyarorszag.hu (QR code)

A traffic permit is required to drive a car on the dam. Buy online: www.gatfelhajtasiengedely.hu During traffic, bicycle traffic always has the right of way. Fishing is free for children between 3 and 14 years of age. Details: www.sporthorgasz.eu

The layout of the map is different from reality!





■ ■ 易存机 製 魚 透 偽 ※

2 HelloHal Fish Snack bar

A fishbone-free fish snackbar at the foot of the dam, in Tiszaörvény, opposite the Szabics Port. A place where anyone can quickly eat freshwater fish dishes carefully prepared from fresh ingredients fish dishes, no fishbone, fish sausage, catfish, fish & chips, pancakes, freshwater fish, fish soup, bike path, takeaway

Tel: +3630/965-2367, Address: Tiszaörvény hellohal.hu,facebook.com/hellohal,instagram.com/hellohal.hu

■ ■ **1.** ₩ 1. *!

3 Hableány Hotel and Restaurant

Wide selection of Hungarian and fish dishes, delicious meals, beautiful panorama of the Tisza. Family-friendly restaurant with a huge and mosquito-free terrace. The hotel is an excellent choice for visitors who want to relax and refresh themselves.

family-size dishes, restaurant, hotel, bike rental, bike path, takeaway selective waste, home delivery, free parking, waterfront Tel: +36 59/353-333, Address: Tiszaörvény, Hunyadi út 2.

hableanyhotel.hu.facebook.com/hableanyhotelesetterem = = 6 fe fu ha N in

Tisza Balneum Hotel****

It is a perfect place for active recreation and wellness on the shores of Lake Tisza. The hotel's Platán Restaurant serves international and regional cuisine, Tokaj wines, a cosy lakeside porch and a summer barbecue terrace. Lake Tisza is the first certified family-friendly accommodation. hotel, wellness, restaurant, grill terrace, along bike path, waterside, panorama, recycling

Tel: +36 59/886-200, Address: Tiszafüred, Húszöles út 27 balneum.hu.facebook.com/TiszaBalneumHote

■ ■ 台 停 市 味 片

6 Czifra Tavern

This Abádszalók traditional Hungarian tavern has been hosting its returning and new visitors for 20 years. It evokes the restaurants of old times with its quality food and family-friendly atmosphere. If you want to eat delicious food in a pleasant, calm environment, you should take this gastronomic time travel. hungarian dishes, fish dishes, vegetarian, traditional, along the bike path, selective waste collector, food to take away, free parking. Tel: +36 20/501-6189, Address: Abádszalók, István király út 133. facebook.com/czifra.csarda

■ ■ 台 加 轴

6 Fehér Amúr Fish Tavern

The fish tavern is located directly on the banks of the Tisza, along the cycle path. The terrace offers beautiful views of the blonde river. Delicious fish dishes and countless traditional dishes await you! panoramic view of the Tisza, pier, terrace, bike path, selective waste ollection, takeaway, free parking Tel: +3670/772-2698, Address: Poroszló, Tisza-híd, 33-as főútor feheramur.hu.facebook.com/feher.amurhalaszcsarda

■ ■ 6 存 私 知 取 ※!

Tiszacsege Fisherman's Tavern & Guesthouse

The Tiszacsege Fisherman's Tavern awaits you with an authentic inn atmosphere, with the famous fish soup of the region and many other exciting fish dishes based on unique recipes. In addition to the restaurant a refurbished, nine-room guest house offers relaxation. fish dishes, fish soup, ice cream, bike path, takeaway, free parking Tel: +36 52/373-832, Address: Tiszacsege, Tiszavirág utca 2. csegecsarda.hu, facebook.com/csegecsarda

Sarudi Töltés Fröccsterasz

Perhaps the most beautiful panoramic wine bar terrace on Lake Tisza is right next to the bike path. It is the most popular restaurant of KalandPart Beach, where you can get even by boat. KalandPart beach only accepts credit cards! beach, adventure beach, adventure village, wine spritzer, coffee, outdoor mist maker, Bicycle Base, Aquaglide Water Playground, along the bike path, selective waste collection, free parking, eco-friendly

Tel: +3670/703-3844, Address: Sarud, Kalandpart 1. egyelsarudit.hu, facebook.com/Egyélsarudit

■■お存むなり込め※

9 Poroszlói Strudel House

We are waiting for you with homemade strudels, scones, freshly baked tarts, homemade jams and cooling fruit syrups. homemade strudels, scones, pastry freshly baked all day, eco-friendly packaging, along the bike path

Tel: +3670/555-1742, Address: Poroszló, Kossuth Lajos út 59. facebook,com/Poroszlói-Rétesház

■ 抗 執

D Füzes Cheese & Dairy Shop

Aranyosi Dombi Manor-house The cheese shop offers the finest quality cheese in the region based on a forgotten recipe from the past. We are waiting for you with cheese and wine tasting events as well as a breakfast and brunch menu. to the table from their own farm. credit card payment, SZÉP card, coffee, child-friendly, dog-friendly,

Tel: +3620/310-0109, Address: Poroszló, József Attila út 1. asaitmuhelv.hu.facebook.com/fuzessait

= = h. h.

Sulyom Chocolate Manufacture

A real specialty is "A drop of Lake Tisza", the dark chocolate candy filled with water caltrop cream, chocolate and brandy. It is also a guest house just 100 meters from the lake shore. water caltrop, chocolate, water caltrop brandy, accommodation

apartments, along bike path, selective waste collection, eco-friendly packaging, takeaway, home delivery, free parking Tel: +36 20/669-4462, Address: Abádszalók, Őszike u. 2.

egycsepptiszato.hu,facebook.com/egycsepptiszato

12 Lépcső Bisztro

A real bistro atmosphere next to the Fish Stairs. Crumbled fried fish, burger or red onion bread - you won't leave hungry once you enter the Lépcső Bistro Homemade syrups, freshly squeezed juice, ice cream and classic homemade

fish dish, hamburger, coffee, live music, panoramic view, selective waste collection, along the bike path, waterfrom Tel: +3670/775-0443, Address: Kisköre, Hallépcső mellett

facebook.com/lepcsobisztrotiszato ■ ■ 6 存 1 ≒ 取※

Patkós Tavern

lepcsobisztro.hu

Patkós tayern, covered with a thatched roof welcomed visitors as early as the 1700s, next to the former Salt street, which is now the main road 33. In the covered garden you can enjoy traditional tayern dishes from spring to autumn, and in the winter you can warm up by the beehive oven. homely, fresh, cozy, authentic, hospitable, Betyár (Hungarian outlaw)

Tel: +3630/278-7373, Address: Tiszafüred, külterület, 33-as főút Egyeki

patkoscsarda.hu **■ ■ 6 た ね *****

Mariska Restaurant

Homemade dishes based on locally produced ingredients, mainly from the Tisza and Hortobágy. Sophisticated flavours, wonderful desserts, famous wines, great coffee. Indoor, outdoor facilities, with professional and kind staff. restaurant, bistro style, coffee, pizza, picnic, terrace, garden, wine, bike path, recycling, eco-friendly packaging, takeaway, home delivery,

Tel: +3670/633-6661, Address: Tiszafüred, Dózsa György u. 10. mariskaetterem.hu, facebook.com/mariskaetterem

= = 6 to to N

Lake Tisza Travel Guide A man-made paradise

Everything that is Lake Tisza on more than 200 pages. Important stories, sights, wildlife, treasures, information, hiking tips, advice and a detailed map.

tiszatoutikonyv.hu



Sulyom Restaurant

A cosy rural bistro in a nice small village in Sarud. Slow Living approach, the new "foodstyle" of Lake Tisza, based on locally sourced ingredients, with a special menu. Table reservation recommended water caltrop, restaurant, adventure village, slow-living, bistro, terrace, local producers, eco-friendly packaging, takeaway, free Tel: +3670/529-9229, Address: Sarud, Kossuth út 2

sulvom.hu, facebook.com/sulvometterem

= = 6 fe fu ha In

16 Pepe's Giant Pancakehouse If you love pancakes and can't get enough, head to Pepe's! Located 500 meters from the bike path, Pepe's specialty is a 40-centimeter giant pancake with sweet and savory fillings. vegetarian, soups, drinks, salads, lemonade, specialty, along the bike

Tel: +3820/334-2267, Address: Abádszalók, Deák Ferenc út 6.

facebook.com/Pepe-Óriáspalacsintázója **■ ■ 6 存 tha ≒ i** N

Oreg Halász Restaurant

It is a real small-town restaurant in the centre of Tiszafüred, next to road 33, In addition to the classic Hungarian dishes, the menu offers a rich selection of fish dishes - in the spirit of the old fisherman.

along the bike path, takeaway, home delivery, free parking Tel: +3630/436-6434, Address: Tiszafüred, Húszöles út 80/b.

oreghalasz.eatbu.com, facebook.com/oreghalasztiszafured

18 Tutajos Inn

This à la carte restaurant welcomes you with homemade specialties, keeping pace with the wishes of the visitors. Thanks to the creative chef, you can have a real culinary experience and a warm welcome. Hungarian cuisine, rural environment, quality ingredients, terrace, home delivery, takeaway, events, free parking

Tel: +3830/880-5154, Address: Tiszabábolna, Fő út 126 vendeglotutaios.hu.facebook.com/tutaiosvendeglo

I 🙀 📼 💳

From farm to fork. Restaurant with a homelike atmosphere, kitchen using only locally sourced ingredients. Home made pasta, also grilled meats are brought family food, fish dishes, slow food, terraces, Hungarian flavours, veal

paprika, mutton stew, free parking, eco-friendly packaging, takeaway

Tel: +3636/353-285, Address: Poroszló, Fő út 24. aranyosidomb.hu, facebook.com/Aranyosi-dombi-Udvarház

= 6 存 th thi N

Modern, stylish, casual bistro on the shores of Lake Tisza, right next to the bike path, with a special range of food and drinks. Luxurious sunset! by the bike path, lakeside, bistro, restaurant, garden, casual, youthful, stylish, modern, special, panorama, eco-friendly packaging, takeaway,

Tel: +3670/332-6147, Address: Abádszalók, Attila öből, Yacht Klub kikötőben amugybistro.hu, instagram.com/amugybistro

■ ■ 6 私 ₩ 取 ※!

21 Sunset Panorama Cocktail Bar

The only water bar and pizzeria on Lake Tisza, where dreamy sunsets pleasant music and the sound of rippling water provide a special atmosphere. The bar at the end of the pier can be reached by boat too. sprecialy coffee, cocktail bar, pizzeria, panoramic view, vegetarian,

takeaway, musić event, dancé hal Tel: +3670/635-5558, Address: Abádszalók, Attila öből, Yacht Klub kikötőben

facebook.com/Sunsetpanorama, instagram.com/sunset.panorama

■ ■ 台 私 ≒ 取 ※!

Lilaakác Tavern The first traditional small tavern with checkered tablecloth, Hungarian cuisine and home-made flavours on Lake Tisza. Food cooked with heart and soul from budburst to litterfall. Their garden patio is covered with the country's oldest wisteria arbour. small restaurant, fish soup, Hungarian flavours, wisteria arbour,

recycling, takeaway, free parking, along the bike path Tel: +3630/903-1330, Address: Abádszalók, Blaha Lujza tér 3. lilaakackisvendeglo.hu.facebook.com/Lilaakác-Kisvendéglő

■ ■ 私 ₩ 取※!

Gasztrosarok and Fish Snackbar

At the beach in Abádszalók, next to the bike path, there is a Gastronomy Corner made of 8 units including a Fish Snack bar, where beachgoers, hikers and cyclists will find a wide assortment of dishes bike path, pizza, fried fish, gyros, lángos, (fried dough) barbecue, hamburger, beverages, draft beer, takeaway Tel: +36 20/999-2785, Address: Abádszalók, Strand út 3.

■ ■ 6 転 ※!

Panoráma Icecream Parlour

tiszatostrand.hu.facebook.com/tiszatostrand

The nanoramic café offers a wonderful view of the Abádszalók Basin, which is located right at the top of the embankment, on the bike path. A wide range of cooling cocktails, ice creams and coffee variations awaits you! along the bike path, cakes, ice cream, cocktails, lemonades, soft drinks, coffee specialties, lactose-free and sugar-free products

Address: Abádszalók, Strand út 3. facebook.com/tiszatostrand

■ ≒ 1 1 1 *!

25 Ladik Fisherman's Tavern The Ladik Fisherman's Tavern, located opposite the Ecocenter, awaits guests from afar with excellent fish dishes, Hungarian fresh roasts! They will make your day beautiful with authentic furnishing, family atmosphere and kind service. along the bike path, next to the ecocenter, vegetarian, fish specialties Tel: +3670/323-5829, Arldress: Poroszló, Kossuth Lajos u. 36, ladikhalaszcsarda.com

= 526 Hd

26 Nemzeti Restaurant

The city's oldest restaurant serves delicious home-cooked meals with huge portions and courteous service. The sheer atmosphere of the small-town restaurant is reminiscent of country cafés of old times. Locals have beer coming here for generations.

classic restaurant, several daily menus, Hungarian flavours, children's menu. recycling, takeaway, city center

Tel: +36 59/352-349, Address: Tiszafüred, Fő u. 8. nemzetitiszafured.hu. facebook.com/etterem.nemzeti

= 5

Park Restaurant

The family-friendly restaurant serves healthy, varied cuisine at affordable prices. Small town atmosphere, huge terrace, delicious food of the 11 different menus, perch and catfish specialties, as well as lactose and gluten free

small restaurant, fish soup, Hungarian flavours, vegetarian, children's menu, takeaway, lactose and gluten free, terrace, city centre Tel: +3630/489-0175, Address: Tiszafüred, Kossuthtér 15.

facebook.com/Park-Étterem = = 6 h h h h h

28 NOPARA gyógy SERtár Beer and gastronomy in one place, in the Nopara "Beermacy"! Firefighter's beer is a real craft product. Traditional and special spicy or special flavoured beers can only be tasted here. In fact, you can even find their beer in their

brewery visit, brewing program, 12 types of beer, special food offer vegetarian, terrace, fire truck with beer tap Tel: +3670/314-1149, Address: Tiszafüred, Petőfi Sándor utca 29.

sernevelde.hu, facebook.com/noparagyogysertar = = 6 th ha In h

ATTRACTIONS

Horthy-Canal

The Tiszafüred irrigation main canal is a real industrial masterpiece. which has been giving life with the water of the Tisza through a nearly 80-kilometer canal system to the lands of the area since 1940. The only 320-meter-long aqueduct belongs to the Tiszaörvény pump house. It is also called Horthy canal and can be visited free of charge. An internal visit requires prior registration. kotivizig.hu

Time required: 30 min., Access: bicycle, car

Tiszavirág Nature Trail

Crossing the river on Tiszaöryény you can reach the Tiszayirág educationa nature trail, where a 2 km long, fairytalelike walkway presents the wildlife of Lake Tisza. The road leads through a vast floodplain forest with four small bridges to reach a fishing hut, a "swampman" hut, a cable boat and two lookouts. At the end of the trip we can go boating on the black water of Göbe Lake. The nature trail can be reached from the port of Szabics. szabicskikoto.hu.facebook.hu/Tiszavirag

Time required: 2-3 hours, Access: boat, on foot

Kisköre Dam It is the largest dam in the country (hydroelectric power plant, dam, sluice), the heart of the Lake, which not only generates electricity, but also regulates the water level of Lake Tisza and ensures navigability. The bike path leads directly through the dam, and provides a great view of the downstream water, that is also the segment of the river Tisza below Lake Tisza. kotivizig.hu

Kisköre Fish Pass

Time required: 30 min., Access: bicycle, on foot, car

The largest ecological connection channel in Central Europe is the 1,371-meter-long fish sluice right next to the bike path. The stepped waterflow, reminiscent of a mountain river, allows fish to pass from the downstream water to the water of Lake Tisza, which is on average six meters higher. You can

observe through glass windows the special sight of fish floating upwards. The

fish sluice can be reached on foot or by bike. Time required: half to 1 hour. Access: bicycle, on foot, car

300-year-old Tree The oldest tree on Lake Tisza, a 300-year-old pedunculate oak, is located at the foot of the dam, 300 meters from the Kisköre road-railway bridge known as the "Fairy tale Bridge". The girth of the protected tree is more than 6 meters. Legend has it that the couple who kisses each other under the tree will stay together forever. Give it a try!

Time required: half to 1 hour. Access: bicvcle. car

Fairy Tale Bridge The 780-meter bridge, handed over in 1889, was the longest bridge of the era and the second railway bridge on the Tisza. The bridge, which has been bombed and rebuilt three times is the only road-rail bridge in Hungary. The bridge, which passes at the height of the canopy of the floodplain forest, also offers a magical view of the original riverbed of the Tisza, the Kisöre dam and the fish sluice. You can also ride across the bridge by bike, and you can stop safely at the small rest area in the middle. Pay close attention to car and rail

Lábasház Lookout Tower

Time required: half to 1 hour, Access: bicycle, car, train

The highest lookout point on Lake Tisza is located along the cycle path in Köre Harbor, in Kisköre, From the boat-shaped, 19-meter-high lookout, you can see the entire Abádszalók Basin and the Kisköre Dam. The pile houses under the lookout have a snack bar, and toilet facilities and the water police is located there, Köre Port is also the base port for Holiday Boats. Time required: half an hour, Access: bicycle, car, boat

36 Lake Tisza Water Promenade

In the Poroszló Basin, you can walk around the huge reed island on a 1,500-meter-long nature trail made of wooden planks. On the special promenade, next to an inner lake, you can also see a floodplain forest, and you can admire the romantic water world from small bird-watching houses. The nature trail can only be reached by boat from Fűzfa Port. Professional tour guide is available upon request.

Time required: 1-2 hours, Access: boat Tisza-tavi Ecocenter

The tourist visitor centre showcasing native animals offers an exciting programme. The huge complex presents the natural treasures and wildlife of Lake Tisza and the Tisza Valley with a spectacular, entertaining and interactive approach. You can find the largest freshwater aquarium in Europe here, with an underwater glass tunnel. A must see for everyone! tiszataviokocentrum.hu

Bird Sanctuary Tiszavalki Basin

Time required: 2-3 hours, Access: bicycle, car, boat

As part of the Hortobágy National Park in the Tiszavalki Basin, there is a special and strictly protected bird reserve. Birdlife, which is also unique in Europe, can only be approached in water and only during certain periods. It is recommended to approach it from the ports of Tiszavalk, Tiszafüred and Poroszló with a guided tour.

Time required: 3-4 hours, Access: boat

39 Aranyosi Island

Of the hundreds of islands on Lake Tisza, the triangular-shaped Aranyosi Island is the largest, surrounded by the Tisza River. The island, overgrown with huge trees was artificially created. In the late 1970s, when the reservoir was built it was born by blasting a riverbed to make the area navigable. The deepest point of the Tisza is located in the upper bend of the island, with a depth of

more than 20 meters Time required: half an hour, Access: boat

Try the new bike ferry!

Fancy a boat trip, but would you take your bike with you? Shorten your small cycle lap and try the new bike ferry between Tiszaderzs and Dinnyéshát. Ask about the timetable at the ports of the



Tiszahalász Monument

Time required: half an hour. Access: csónak

Until 1876, there was a village on the banks of the Tisza, which was completely destroyed by the largest flood up till then. Tiszahalász was surrounded by icy water, everyone had to flee. The hero of the village, Ede Hartl rescued the four hundred inhabitants of the village with his ferry, who later founded a new home called Újlőrincfalva. Today, a monument on the quiet island preserves the memory of the former fishing village.

41 Wooden Cave The Tiszafüred Basin is an ideal area for shorter water trips. In the labyrinthine wild romantic canal system, smaller and larger lakes alternate, where rich wildlife and brilliant water flowers dazzle hikers. You can find in this area the a 300-meter "Snake Canal", half of which leads through a forest. It is completely surrounded by trees, making it look like you are boating in a wooden cave. The jungle-like place is located on the left side of the flushing canal leading to the Tisza, which leads to the mortlake of Tiszaörvény. Time required: 1-2 hours, Access: boat

42 Bicycle Wavebridge The Poroszló-Tiszafüred cycle path was handed over in 2020, and four bicycle bridges were built on this section. The longest of these, with a length of 308 meters, is a wave symbolizing bridge on the Poroszló side. The most special is the Dutch-type, opening trap bridge on the Tiszafüred side. The bridges offer an unparalleled view of the wildly romantic water world and the Tisza. Time required: 10 mins, Access: bike, on foot

Bicycle-Road-Railway bridge

Three bridges cross the Tisza right next to each other. The predecessor of the railway bridge was built of wood by landowner György Józsa in 1834. The metal-structured railway bridge was handed over in 1923 and construction of the road bridge began in 1962. The youngest 280-metre bike bridge was handed over in 2020. This is how the past, present and future stand side by

Time required: 10 mins, Access: bike, on foot, car

44 45 46 Water lookouts

There are three new lookouts in the Poroszló Basin, which you can only reach

by water. The Fattyúszerkő lookout tower (44) is located on a small island in

the Csapói Dead Tisza, while the Bölömbika lookout tower (45) is hidden in Ravasz-hát on the water in a bay between the reed islands. The latest one, the lookout tower of Szilas-fok (46) was also built on the water along the Lapos-mortlake, at Szilas-fok. All three lookouts are 9 meters high, offering unparalleled views of the vast body of water studded with islands and small

bekatutai.net Time required: 30 mins, Access: by boat

Dinnyéshát Lookout

One of the quietest beaches of Lake Tisza is called "Dream Beach" in Dinnyéshát, Next to the harbour, right on the banks of the River Tisza there is a small lookout tower, a romantic place for hikers. Divided by canals and small lakes, there is a hand operated mini crossing ferry, a children's favourite. The bicycle ferry to Tiszaderzs also departs from here. dinnveshat.hu

Time required: 1-2 hours, Access: bike, on foot, car

13 Tiszaigar Arboretum

The 20-hectare arboretum, which can be visited all year round, was founded in 1867 by landowner Péter Széky. The park is a nature reserve of national mportance, where more than 400 species of trees and shrubs can be seen. The swamp oaks of Margaret Island also come from here. At the foot of the huge trees, descriptions and stories teach man to love nature. Time required: 2-3 hours, Access: bicycle, car

In this exciting village house, in the museum of dolls dressed in folk costumes you can see an authentic, scaled-down copy of the clothes of more than 850 units from the countries of the Carpathian Basin and the Earth. In addition to the dolls we can learn about every day objects and small crafts from the 19th century, such as the cooper's, ropemaking and lace-making crafts. abadszalok.hu

Time required: 1 hour, Access: bicycle, car

Kangaroo Park

Australia has moved to Tiszaderzs. A family recreation and amusement park where you can walk among kangaroos in the company of parrots, ratites. rabbits and meerkats. Exotic species and a playhouse await the kids while the parents have a coffee at NasiZoo.

kengurupark.hu Time required: 2 hours, Access: bicycle, car

Kiss Pál Museum

Time required: 2 hours, Access: bicycle, car

The museum is one of the oldest rural, classicist-style museums in the country, founded in 1887 and named after General Pál Kiss. In three of its six halls. there is a permanent ethnographic and local history themed exhibition titled "Masters and Masterpieces". In the other halls we can see constantly updated periodical exhibitions. The museum preserves real treasures and stories. cisspalmuzeum.hu

Nyúzó Gáspár Pottery Country House

One of the oldest monuments in the city commemorates the pottery of Tiszafüred, The 19th-century country house, furnished with original furniture and tools, presents the life of Gáspár Nyúzó master potter. Entering from the classicist-style porch we arrive in the atrium, and then in the clean room and in the back room-workshop we can get acquainted with the contemporary housing culture, housework, costumes, customs and pottery work processes

kisspalmuzeum.hu Time required: 1 hour, Access: bicycle, car

Country House Kisköre The adobe house, built in 1856, hides real treasures! The Country House in Kisköre presents the furnishings and way of life of a farmer's family house. In the late 1970s, a young female teacher decided to collect objects of use from the end of the XIX, century. As a result of 10 years of collecting, the visitor

enters into a real fairytale world. kiskore.hu

Time required: 1 hour, Access: bicycle, car

Lake Tisza Cycling Center The Cycling Center offers more than 400 bicycles for the visitors of Lake Tisza. On the second floor, you can reach the café via a suspension sidewalk, where a panorama terrace awaits the guests with a wonderful view of the Füredi-Dead-Tisza. The center is an ideal point to start and finish the small and large cycling circle of Lake Tisza.

Morotva Bicycle Recreation Park

Time required: half an hour, Access: bicycle, car

Szapáry Chapel

The largest and best-equipped recreation park for cyclers around Lake Tisza, located next to the Tiszatured open-air beach on a peninsula. Leisure facilities include a playground, campfire places, a restroom, and a shower. Dogs will have a good time, too, as the largest beach for dogs on Lake Tisza is also located here. Time required: 30 min, Access: bicycle, boat

In the most secluded corner of Lake Tisza, in the village of Pusztataskony,

stands a romantic style jewelry box. In the crypt of the chapel Count Gyula

Szapáry is buried, the former (1890-1892) Prime Minister of Hungary, who played an important role in the regulation of the Tisza. An appointment musi be fixed before visiting the chapel. Time required: half an hour, Access: bicycle, car

🗊 🛮 Szent Móric Chapel 9 kilometers from Abádszalók, next to the wheat fields, there is a small white chapel on a small hill. The neo-gothic edifice in the middle of nowhere was consecrated in 1892 in honor of St. Móric, the patron saint of the Sun. Count Vince Names had it built for his servants so that they didn't have to walk to Kunhegyes from the nearby castle for the mass. If you love quiet and special

BEACHES

Time required: half an hour, Access: bicycle, car

places don't miss this treasure!

58 Tiszafüred Beach

tiszafuredszabadstrand.tiszafured.hu.

facebook.com/tiszafuredszabadstrand

Children's bay, pier system, sunbathing piers, sandy beach, playground in the water, gastro corner, playground, stage, Tourinform office, Paws Paddle dog beach with agility track SPORTS: Water polo, volleyball, football field, pedal boat, kayak, canoe, SUP, SERVICES: First aid, baby-mommy room, dressing rooms, shower, family

59 Tisza-tó Beach, Abádszalók 3-lane giant slide, children's bay, sandy beach, gastro corner, fish grill, lángos

(deep fried dough) cocktail bar, playground, mini golf, stage, open-air cinema,

restroom, toilet, safe deposit box with phone charger, bicycle storage, beach

SPORTS: Water polo, volleyball, soccerfield, pedal boat, jet ski, wakeboard

water ski, banana, surf, kayak, canoe, SUP, aqua zumba SERVICES: First aid, parasol, safes, baby-mommy room, changing rooms,

shower, toilet, beach equipment, bicycle storage, pump, parking tiszatostrand.hu,facebook.com/tiszatostrand

60 Ringató Bistro & Reastaurant, Kisköre Slide, children's bay, sunbathing dock, water playground, sunbeds, grassy beachs

SPORTS: Volleyball, soccer, pedal boat, kayak, canoe, SUP, korfball, water SERVICES: Apartments, first aid, parasol, safe, baby-mama room, changing rooms, shower, toilet, bicycle rental, service station, parking, playground,

Bistro and Restaurant, ice cream ringatokiskore.hu.facebook.com/ringatokiskore

Álompart, Dinnyéshát

Children's bay, pier system, sunbathing dock, water playground, grassy beach, gastro corner, lookout tower, cable ferry SPORS: Volleyball, football field, pedal boat, kayak, canoe, SUP SERVICES: First aid, parasol, safes, baby-mommy room, changing rooms, shower, toilet, beach article, bicycle storage, pump, parking dinnyeshat.hu, facebook.com/dinnyeshat.hu

62 KalandPart Adventure Beach, Sarud

Aquaglide water playground, sandy beach, gastronomic corner, lángos (deep fried, diugh), wine terrace, fish grill, sunbathing area, children's bay, jumping park, fishing base, climbing base, playground, children's camps, stage, holiday boat harbour, dogs' beach, bicycle rental, noPET beach, no smoking beach SPORTS: Water polo, volleyball, soccer field, pedal boat, wakeboard, water skiing, banana, windsurfing, kayaking, canoeing, sailing, SUP SERVICES: First aid, umbrella, safe, baby-mommy room, changing rooms, shower, toilet, beach article, bicycle storage, pump, parking elmenyfalu.hu, facebook.com/elmenyfalu.hu

63 Poroszló Beach

Children's bay, sandy beach, snackbars, restaurant SPORTS: Volleyball, football field, pedal boat, kayak, canoe, SUP SERVICES: First aid, parasol, changing rooms, shower, WC, beach article, bicycle storage, bicycle rental, pump, parking poroszlodelfinkikoto.hu

Tiszabábolna Beach

Enclosed, sheltered bay, eco, children's bay, sunbathing areas, water playground, playground, grassy, sandy beach, snack bar SPORTS: Volleyball, football field, pedal boat, kayak, canoe, SUP SERVICES: First aid, parasol, safe, baby-mama room, mobile phone charger, changing rooms, shower, toilet, bicycle storage, pump, parking

65 Thermal Beach, Tiszafüred

Thermal beach, spa, beach pool (28 ° C), 33-meter swimming pool (23 ° C), indoor thermal pool (38 ° C), spa with benches (33 ° C), snack bar, camping SPORTS: Volleyball, football field, chessboard SERVICES: First aid, parasol, safe, baby-mama room, mobile phone charger, changing rooms, shower, toilet, bicycle storage, parking, clinic thermal-camping.hu

HARBOURS

66 City Port, Tiszafüred Boat rental, Poroszló educational nature trail transfer, Tiszavalk bird

recycling, parking

Tel: +36 30/568-1945

Tel: +36 220/547-4215

varosikikoto.hu, facebook.com/Városi-Kikötő-Ti**sza-tó** Albatrosz Port, Tiszafüred Boat rental, guided tours, rowing tours, cruises, kayak and canoe rental, boatyard, bicycle rental, pump, buffet, toilet, shower, accommodation,

camping, apartment, houseboat, bungalow, dam drive permit, fishing permit,

sanctuary transfer, guided tours, launching-ways, toilet, shower, houseboat,

recycling, parking, mosquito control Tel: +36 30/234-5108 albatroszkikoto.hu. facebook.com/albatroszkikoto

permit, fishing shed, fishing permit, parking, mosquito control

68 Kormorán Port, Tiszaörvény Boat rental, guided tours, cruises, canoe rental, SUP, launching-ways, bicycle rental, pump, Bundás Bandi bistro, café, toilet, shower, accommodation, pension, apartment, floating hut rental, floating house rental, dam drive

69 Szabics Port, Tiszaörvény Educational nature trail transfer, mayfly and swampman trail, boat rental, guided tours, cruises, cance rental, floating house, launching-ways, bicycle ental, pump, buffet, toilet, shower, accommodation, apartment, dam license,

recycling, souvenir shop, parking, mosquito control Tel: +3630/954-8620 szabicskikoto.hu, facebook.com/szabicskikoto

10 Catamaran Port, Tiszaszőlős

Boat rental, canoe rental, launching-ways, pump, snack bar, toilet, shower, accommodation, selective waste collector, parking Tel: +36 20/251-7476 facebook.com/Katamarán-Csónakkikötő-és-Kemping

Boat rental, mayfly tour, guided tours, launching-ways, snack bar, toilet, shower, accommodation, houseboat, dam license, selective waste collection,

71 Aranyosi Port, Tiszaszőlős

facebook.com/AranyosiKikötő

Tel: +36 30/628-9175

Kárász Port, Tiszaderzs

shower, camping, selective waste collection, parking

karaszkikoto.hu.facebook.com/derzsikikoto

Abádi Port. Abádszalók Boat rental, guided tours, cruises, bicycle ferry, ecotourism, party boat, canoe rental, SUP, boatyard, bike rental, bike service, pump, cocktail bar, Snack Bar, cafe, WC, shower, floating terrace, accommodation, floating house, dam

license, fishing license, selective waste collector, mosquito repellent, parking

Boat rental, launching-ways, bike rental, canoe rental, snack bar, toilet,

Yacht Club, Abádszalók

abadikikoto.hu.facebook.com/abadi.kikoto

Boat rental, sailboat rental, guided tours, cruises, ecotours, boatyard, sunset panorama cocktail bar, Amúgy Bistro restaurant, waterfront terrace, panorama, cafe, toilet, shower, parking Tel: +3630/559-7954

szalokyachtklub.hu, facebook.com/SzalokYachtKlub

LAKETISZA **ADVENTURE MAP** Man-made paradise Aktiv cooking, launching-ways, bicycle rental, pump, toilet, shower, accommodation, apartment, parking

Wake up on the holiday boats rocking on the water

of Lake Tisza! A special, close-to-nature experience for families and groups of friends! It can be rented without a license.

nyaralohajozas.hu

B Köre Port, Kisköre Panoramic lookout tower, pile houses, boat rental, guided tours, launching-ways, pump, buffet, WC, shower, water police, MAHART harbour, houseboat base harbour, recycling, parking lot

Boat rental, guides, kayak and canoe rental, launching-ways, bike rental, lookout, playground, mini-cable ferry, pump, buffet, toilet, shower, lodging, recycling, parking

dinnyeshat.hu

korekikoto.hu, facebook.com/korekikoto

16 Alompart Port, Dinnyéshát

Tündérrózsa Port, Sarud Boat rental, guided tours, cruises, ecotourism, canoe rental, Vasmacska bistro, island cinema, launching-ways, bike rental, pump, toilet, shower, accommodation recycling, parking

Boat rental, guided tours, cruising, ecotourism, canoe rental, Matróz buffet,

Tel: +38 20/619-3025 sarudikikoto.hu, facebook.com/tunderrozsahajokikoto.sarud.5

Neptun Port, Újlőrincfalva

81 Fűzfa Port, Poroszló

Tel: +3620/971-2124

Tel: +3630/953-5328

fuzfapihenopark.hu.facebook.com/fuzfakikoto **Szivárvány Port, Tiszavalk** Boats, guided tours, cruises, ecotourism, bird reserve transfer, snack bar,

facebook.com/Szivárvány-Kikötő

Tel: +3830/151-2408

Sulymos Port, Tiszabábolna Boat rental, guided tours, cruises, ecotourism, snack bar, fishing shop, cooking facilities, Jaunching-ways, pump, toilet, shower, accommodation, camping, apartment, recycling, parking Tel: +3826/555-5898

sulvmoskikoto.hu. facebook.com/tiszababolna.sulvmoskikoto

SYMBOLS



• Year of publication: 2022. - Free publication - The publication contains product placement • Lake Tisza adventure map designed by: Pozitivo Digital Advertising Agency

80 Delfin Port, Poroszló Boat rental, guided tours, cruises, Lake Tisza educational trail transfer, ecotourism, canoe rental, buffet, Tavirózsa restaurant, launching-ways, pump, toilet, shower, accommodation, recycling, parking Tel: +3630/473-5737

neptunkikoto.hu, facebook.com/neptunkikoto

Boat rental, guided tours, cruise, ecotourism, canoe rental, SUP base,

Csicsman Port, Poroszló

launching-ways, snack bar, WC, shower, parking

csicsmankikoto.hu. facebook.com/csicsman-kikōtő

Boat rental, guided tours, cruises, ecotourism, Lake Tisza educational trail. transfer, buffet, outdoor cooking, launching-ways, pump, toilet, shower, accommodation, selective waste collection, parking

outdoor cooking, launching-ways, pump, toilet, shower, accommodation, selective waste collection, parking

Publisher: Active and Ecotourism Development Center Nonprofit Ltd. (e-mail: info@aofk.hu)

Ti